

# Sandra's Island Cuisine

## **Appetizers**

|  |               |
|--|---------------|
| Fried Chicken Wings<br><i>(spicy or regular)</i> | \$15.00/dozen |
| Codfish Cakes                                    | \$18.00/dozen |

## **Soups**

|   | <b>Serves 10-15</b> | <b>Serves 20-25</b> |
|---|---------------------|---------------------|
| Vegetable Soup  | \$40                | \$60                |
| Chicken Soup<br><i>Spicy soup with chicken and fresh vegetables</i> | \$55                | \$65                |
| Beef Soup<br><i>Spicy soup with beef and fresh vegetables</i>       | \$65                | \$85                |

## **Rice**

|                    |      |      |
|--------------------|------|------|
| White Rice         | \$30 | \$35 |
| Natural Brown Rice | \$40 | \$50 |
| Beans & Rice       | \$45 | \$55 |

## **Side Dishes**

|  |      |      |
|--|------|------|
| Macaroni & Cheese                                  | \$50 | \$75 |
| Steamed Vegetables<br><i>(seasoned or plain)</i>   | \$55 | \$70 |
| Baked Potatoes<br><i>with sour cream or butter</i> | \$50 | \$75 |
| Sweet Plantain<br><i>fried in olive oil</i>        | \$50 | \$75 |
| Collard Greens                                     | \$40 | \$65 |

## **Drinks**

|   |      |      |
|---|------|------|
| Homemade Fruit Punch<br><i>with fresh slices of tropical fruits</i> | \$30 | \$55 |
| Homemade Ginger Beer<br><i>made with fresh ginger</i>               | \$40 | \$60 |
| Homemade Sorrel   | \$50 | \$85 |
| Homemade Lemonade<br><i>with fresh lemon slices</i>                 | \$30 | \$55 |

## **Meat Dishes**

|  | <b>Serves 10-15</b> | <b>Serves 20-25</b> |
|--|---------------------|---------------------|
| Curry Goat<br><i>Goat meat marinated and cooked in a blend of curry spices and herbs</i>                     | \$75                | \$125               |
| Curry Chicken<br><i>Tender pieces of chicken slowly cooked in a blend of curry spices and herbs</i>          | \$65                | \$85                |
| Stew Beef or Chicken<br><i>Seasoned pieces of beef or chicken cooked in its own flavorful gravy</i>          | \$75                | \$110               |
| Baked Chicken<br><i>(whole or in pieces)</i>   | \$65                | \$75                |
| Fried Chicken<br><i>(in pieces)</i>  | \$65                | \$85                |
| Chicken or Beef Cookup<br><i>Chicken or beef cooked with spices and mixed with rice and fresh vegetables</i> | \$100               | \$140               |

## **Fish & Seafood Dishes**

|   |                             |
|---|-----------------------------|
| Curry Fish<br><i>Tender fish cooked in a blend of curry spices and herbs</i>                                      | Seasonal prices please call |
| Curry Shrimp<br><i>Jumbo shrimp sautéed in a special curry sauce</i>  |                             |
| Stew Fish<br><i>Seasoned fish fillets stewed in a tangy brown sauce</i>   |                             |
| Steamed Snapper<br><i>Red snapper lightly steamed with fresh herbs and spices. Available whole or in fillets.</i> |                             |
| Steamed Salmon<br><i>Salmon filets steamed with fresh herbs and spices.</i>                                       |                             |

## **Desserts**

|  |      |       |
|--|------|-------|
| Pound Cake<br><i>Served with tropical flavors ice cream (mango, pineapple)</i> | \$90 | \$170 |
|--|------|-------|